

Services Include

Activities of Daily Living (ADLs & IADLS)

Initial Needs Assessment
Custom Care Plan
Personal Care, Bathing, Showering
Assist with Dressing
Medication Reminders
Changing Bed Linens
Light Housekeeping
Companionship
Meal Planning & Preparation
Laundry
Socialization & Recreational Activities

Special Programs

Assist with Veteran Benefits
Assist with Long-term Care Insurance
Personalized Caregiver Matchmaking
Case Management & Referrals
Respite for Family Caregivers
1 hour - 24 hour shifts
24 Hour On-Call Support
Transportation/Escorted Outings
Errands & Prescription Pick-up
Grocery Shopping
In-Home Hair Care (Knox County)



Trained Caregivers

SCHAS caregivers are screened, bonded, background checked and drug tested. They receive ongoing training and their performance is reviewed.

SCHAS has provided custom non-medical Homemaker and Personal Care Services to people in their homes, hospitals, assisted living and skilled nursing settings, or wherever needed since 1970.



CALL
865-523-2920
VISIT
WWW.SCHAS.ORG
for more information



**SENIOR CITIZENS HOME
ASSISTANCE SERVICE, INC.**



**SCHAS offers non-medical services
and programs you can afford that
enhance quality of life for older
adults, Veterans, people with
disabilities, and their families.**

Why Choose SCHAS?

As we age, new challenges can arise, and you may find that help is needed with daily tasks to be safe and independent. When that time comes, Senior Citizens Home Assistance Service (SCHAS) is here to support you.

With over 50 years of service, SCHAS is a trusted partner dedicated to helping older adults with these challenges. You can feel assured knowing we care deeply about the quality of your care—just as much as you do.



Our Mission

At SCHAS, our mission is simple: to enhance the quality of life for those we serve. We achieve this by providing well-trained caregivers who are devoted to meeting your unique needs.

- SCHAS offers services in the home, assisted living and long-term care settings.
- We work to find all local resources and provide tailored results to each client's situation, ensuring that people from all walks of life receive the support they need.
- SCHAS offers affordable options based on needs. Finances are assessed to decide if you are eligible to qualify.

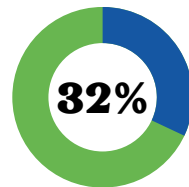
DID YOU KNOW?

As of 2024, older adults, aged 60+, make up
25%
of Tennessee's residents.

ALICE: Asset Limited, Income Constrained, Employed.

ALICE households don't earn enough to afford the essentials of housing, child care, food, transportation, health care, a smartphone plan, and taxes — the basics needed to live and work in the modern economy.

ALICE Threshold: The average income that a household needs to afford these items.



of all Veterans lived in a household with income below the ALICE Threshold in 2019, struggling to afford essentials in the communities where they lived.

11%

of Tennesseans aged 65 and older live below the poverty level

Sources: United Way of Tennessee
Tennessee Department of Health
America's Health Rankings

SCHAS services are available in the following TN counties:

| | |
|-----------|-------------------|
| Anderson |865-482-7311 |
| Blount |865-983-4710 |
| Campbell |423-566-3786 |
| Claiborne |423-626-0087 |
| Cocke |865-940-1545 |
| Grainger |423-586-2359 |
| Greene |423-586-2359 |
| Hamblen |423-586-2359 |
| Hancock |423-626-0087 |
| Hawkins |423-586-2359 |
| Jefferson |865-940-1545 |
| Loudon |865-986-8000 |
| McMinn |865-986-8000 |
| Meigs |865-986-8000 |
| Monroe |865-986-8000 |
| Morgan |865-482-7311 |
| Roane |865-482-7311 |
| Scott |423-566-3786 |
| Sevier |865-983-4710 |
| Union |423-626-0087 |

HOME OFFICE - Knox County

865-523-2920

7121 Regal Lane

Ste. 100

Knoxville, TN 37918



SENIOR CITIZENS HOME ASSISTANCE SERVICE, INC.

www.schas.org